

## Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Early Morning</b>	Tea, Coffee or Water	Tea, Coffee or Water	Tea, Coffee or Water	Tea, Coffee or Water	Tea, Coffee or Water	Tea, Coffee or Water	Tea, Coffee or Water
<b>Breakfast</b>	Grapefruit, Prunes or Fresh Banana Cornflakes, Rice Crispies, Branflakes, Weetabix or Porridge Toast with Jam, Marmalade or Marmite Tea, Coffee, Juice or Water	Grapefruit, Prunes or Fresh Banana Cornflakes, Rice Crispies, Branflakes, Weetabix or Porridge Scrambled Egg on Toast Toast with Jam, Marmalade or Marmite Tea, Coffee, Juice or Water	Grapefruit, Prunes or Fresh Banana Cornflakes, Rice Crispies, Branflakes, Weetabix or Porridge Toast with Jam, Marmalade or Marmite Tea, Coffee, Juice or Water	Grapefruit, Prunes or Fresh Banana Cornflakes, Rice Crispies, Branflakes, Weetabix or Porridge Sausage and Tomatoes Toast with Jam, Marmalade or Marmite Tea, Coffee, Juice or Water	Grapefruit, Prunes or Fresh Banana Cornflakes, Rice Crispies, Branflakes, Weetabix or Porridge Toast with Jam, Marmalade or Marmite Tea, Coffee, Juice or Water	Grapefruit, Prunes or Fresh Banana Cornflakes, Rice Crispies, Branflakes, Weetabix or Porridge Bacon Sandwich Toast with Jam, Marmalade or Marmite Tea, Coffee, Juice or Water	Grapefruit, Prunes or Fresh Banana Cornflakes, Rice Crispies, Branflakes, Weetabix or Porridge Toast with Jam, Marmalade or Marmite Tea, Coffee, Juice or Water
<b>Mid Morning Drink</b>	Tea, Coffee, Juice, Squash or Water	Tea, Coffee, Juice, Squash or Water	Tea, Coffee, Juice, Squash or Water	Tea, Coffee, Juice, Squash or Water	Tea, Coffee, Juice, Squash or Water	Tea, Coffee, Juice, Squash or Water	Tea, Coffee, Juice, Squash or Water
<b>Lunch</b>	Chicken Pie Sliced Pork Vegetarian Option Boiled Potatoes Peas Carrots Gravy Bananas & Custard Ice-cream Squash, Juice, Water and Tea	Gammon & Pineapple Chicken Pie Vegetarian Option Chips Mixed Vegetables Gravy Lemon Meringue Mandarins and Cream Squash, Juice, Water and Tea	Braised Lamb Steaks Tuna Pasta Bake Vegetarian Option Mashed Potato Green Beans Sweetcorn Gravy Rice Pudding Ice-cream Squash, Juice, Water and Tea	Cottage Pie Sliced Turkey Vegetarian Option Mashed Potato Beetroot Carrots Cabbage Gravy Apricots and Custard Yogurt Squash, Juice, Water and Tea	Fish (Cod or Plaice) Egg or Meat Salad Vegetarian Option New Potatoes Chips Mushy Peas Parsley Sauce Bread and Butter Pudding and Custard Yoghurt Squash, Juice, Water and Tea	Sausage Pie Pork Casserole Vegetarian Option Boiled Potato Carrot and Swede Cabbage Gravy Semolina Ice-cream Squash, Juice, Water and Tea	Roast Lamb Sausage Pie Vegetarian Option Roast Potato Mashed Potato Cauliflower Sprouts Gravy Apple Crumble and Custard Melon Squash, Juice, Water and Tea
<b>Afternoon Drink</b>	Tea, Coffee, Juice, Squash or Water	Tea, Coffee, Juice, Squash or Water	Tea, Coffee, Juice, Squash or Water	Tea, Coffee, Juice, Squash or Water	Tea, Coffee, Juice, Squash or Water	Tea, Coffee, Juice, Squash or Water	Tea, Coffee, Juice, Squash or Water
<b>Tea</b>	Homemade Vegetable Soup with Bread and Butter Selection of Sandwiches Cake Fresh Fruit/Tinned Fruit Tea	Homemade Minestrone Soup with Bread and Butter Smoked Haddock Jelly and Cream Fresh Fruit/Tinned Fruit Tea	Homemade Chicken Soup with Bread and Butter Selection of sandwiches Viennetta Fresh Fruit/Tinned Fruit Tea	Homemade Tomato Soup with Bread and Butter Potato Waffle with Beans or Spaghetti Homemade Biscuits Fresh Fruit/Tinned Fruit Tea	Homemade Lentil Soup with Bread and Butter Omelette Scones Fresh Fruit/Tinned Fruit Tea	Homemade Leek and Potato Soup with Bread and Butter Selection of Sandwiches Trifle Fresh Fruit/Tinned Fruit Tea	Homemade Mushroom Soup with Bread and Butter Salmon salad Angel Delight Fresh Fruit/Tinned Fruit Tea
<b>Supper</b>	Tea, Coffee, Horlicks, Ovaltine, Juice, Squash or Water Toast or Biscuit	Tea, Coffee, Horlicks, Ovaltine, Juice, Squash or Water Sweet Pancakes or Biscuit	Tea, Coffee, Horlicks, Ovaltine, Juice, Squash or Water Potato Cake or Biscuit	Tea, Coffee, Horlicks, Ovaltine, Juice, Squash or Water Chips or Biscuit	Tea, Coffee, Horlicks, Ovaltine, Juice, Squash or Water Cake or Biscuit	Tea, Coffee, Horlicks, Ovaltine, Juice, Squash or Water Tea-Cake or Biscuit	Tea, Coffee, Horlicks, Ovaltine, Juice, Squash or Water Muffin or Biscuit

