

Rosemary Mount Week Two Winter Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Continental and Eggs and Bacon	Continental	Continental and Sausage and Toms	Continental	Continental	Continental	Continental
Mid Morning	Hot Beverages & Biscuits						
LUNCH-Homemade	Chicken & Mushroom Pie	Fishcakes	Roast Lamb with Mint Sauce	Liver & Bacon Casserole	Fried or Poached Fish	Steak & Kidney Pie	Roast Pork & Apple Sauce
ALTERNATIVE	Spanish Omelette	Chilli Con Carne & Rice	Cheese onion quiche	Spaghetti Bolognese	Sausage Meat Plait	Chicken Thighs in a Tomato Sauce	Cauliflower & Bacon Cheese Bake
VEG 1 - subject to availability	Garden Peas	Plum Tomatoes	Carrots	Broccoli	Garden Peas	Cabbage	Swede
VEG 2 - subject to availability	Homemade Mixed Vegetables	Creamed Swede	Cauliflower	Sweetcorn	Grilled Tomato	Cauliflower	Parsnip
POTATO 1	Creamed	Creamed	Creamed	Creamed	Creamed	Creamed	Creamed
POTATO 2			Roast		Chipped		Roast
Dessert	Bread & Butter Pudding with Custard	Spotted Dick & Custard	Apple Crumble & Ice Cream	Peaches and Custard	Cheesecake & Cream	Chocolate Sponge & Chocolate Sauce	Jam Sponge & Custard
Afternoon Cakes	Flapjack	Lemon Drizzle	Cookies	Coconut Cake	Fairy Cakes	Jam and Cream Sponge	Cheese Scones
Mid Afternoon	Homemade Cake & Beverages						
SUPPER							
SOUP	Leek and Potato	Tomato	Vegetable	Minted Pea	Carrot/ Coriander	Broccoli	Parsnip and Potato
MAIN	Scrambled Egg on Toast	Macaroni Cheese	Toasted Teacakes	Jacket Potato with Cheese	Leek, Bacon & Potato Bake	Ravioli and Soft Rolls	Sausages, sausage rolls, sandwiches and Crisps
Dessert	Peaches & Cream	Ice Cream Roll	Yogurt	Banana Whip	Choc Ices	Jelly and Evap	Gateaux & Cream
There will be an evening drinks service with milky drinks, with fruit, sandwiches and biscuits							
Lunch & Supper Alternatives - Please see separate menu				Any Special Requests - Please Ask			