

Menu week 2

	Lunch			Supper		
Monday	Stewed steak	Vegetables & potatoes	Semolina with jam	Vegetable soup with bread or rolls	Hot sausage roll	Strawberry instant whip
	Jacket potato with choice of fillings				Sandwiches	
Tuesday	Lasagne	Mixed vegetables	Apple strudel and custard	Chicken soup with bread or rolls	Fish fingers and beans	Mandarins in jelly with cream
	Cheese omelette				Sandwiches	
Wednesday	Chicken hotpot	Vegetables & potatoes	Butterscotch pudding	Leek & ham soup	Scrambled egg on toast	Stewed apple & custard
	Sausages				Sandwiches	
Thursday	Roast pork with apple sauce	Roast potatoes & vegetables	Pear & almond tart	Tomato soup with bread or rolls	Quiche	Scones with jam & cream
	Scampi				Sandwiches	
Friday	Fish in breadcrumbs	Chips or mashed potatoes & peas	Jelly & ice cream	Sweet potato soup with bread or rolls	Cheese & biscuits	Fruit yoghurt
	Cod in parsley sauce				Sandwiches	
Saturday	Cottage pie	Mashed potato, vegetables	Fruit trifle	Mushroom soup with bread or rolls	Pizza	Peaches & cream
	Fish cakes				Sandwiches	
Sunday	Roast beef & Yorkshire pudding	Roast potatoes & vegetables	Orange & almond cake with cream	Vegetable soup with bread or rolls	Pate on toast with pickle	Lemon & peach cheesecake
	Scampi				Sandwiches	

Lunch main course alternative options of omelette or salad

Dessert alternative options of ice cream or fruit yoghurt