

Keychange Contact

ISSUE 9 WINTER 2018

Out and about with Oomph! Wellness



The Oomph! bus took residents from Erith House in Torquay to a local garden centre called Jack's Patch where they enjoyed looking around and making new friends!

Ruth Earl Story Developer

For the past year Keychange has partnered with an organisation called Oomph! Wellness.

One of Oomph's services is providing trips out to local places of interest for



On an outing to Paignton Zoo, Margaret from Rose Lawn in Sidmouth visited the Rhino House which her husband had helped to build as part of a Devon community programme

groups of people living in care homes. Oomph outings come with specially-equipped minibuses and fully trained drivers. All destinations have been risk-assessed in advance of the trip.

People living at our homes are asked where they would like to go, whether it is a visit to a garden centre, a trip to the seaside, an outing to a building of historical interest, or much more. In selecting staff to accompany residents on the trips, Keychange Managers will try to match staff interest with a particular destination, so for example, a green-fingered carer will join the outing to the local garden centre.

The name of the organisation spells out the sentence: "Our organisation makes people happy!" This has been the experience for many people living at Keychange homes as they have enjoyed the outings to such diverse places of interest.

Keychange Charity Awards 2018

Brian James Operations Manager

This autumn we launched our Keychange Charity Awards. We gathered several people who work, volunteer and live with us to discuss what we could celebrate and how we could recognise as many people as possible across our Keychange Community. It was agreed that where people make an outstanding contribution as an individual, a team or as a volunteer we wanted to recognise and celebrate them.

We also agreed to acknowledge where so many people demonstrate the values that Keychange Charity identify as core values based on Bible verses and our Christian ethos. These values are:

- **Only the Best Will Do**
- **All Are Equal**
- **Waste Not, Want Not**
- **Playing Our Part in Society**
- **Working Together**
- **Justice For All**
- **People First**

As an eleventh category we also wanted to encourage the people whom we support to nominate people who support them which led us to 'The People's Choice' category.

We promoted the nomination process through all of our communities during October encouraging everyone connected with a community to consider who they might nominate and celebrate. We were most encouraged to receive a total of 101 nominations from across Keychange.

In order to involve people who live and work with us, our Trustee Imogen Taylor met with colleagues at Alexander House and together we facilitated a discussion about each nomination under each category. We spent time with people living at Alexander House asking them what matters to them and what they would like acknowledge and celebrate.

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A MESSAGE FROM THE CEO

Love at Christmas

Phil Martin
CEO, Keychange Charity

Christmas is a time for Love; not just a romantic love, but actually a type of love that is more important.

The Bible tells us that "God is Love", and also that "God loved the World so much that He gave his only Son." We celebrate and rejoice that God gave the world His only Son at Christmas. Jesus, God's Son, coming into the world was an act of Love by God. Because we as human beings had broken the relationship with God by not following His instructions, God wanted to show us all that He still loves us and wants to have a relationship with us as His creation.

By sending Jesus to live in the world, God showed us how to live a life of love to one another.

FORGIVEN

Also by Jesus dying on the cross and rising from the dead, as we remember and celebrate at Easter, God made a way for everyone to have a relationship with Him. True Love at Christmas is about Jesus, God's Son, coming to the world to live a life of love as an example for us all to follow.

We remember also that Jesus died and rose again so we can all be forgiven.

The greatest present we can receive at Christmas is to know God's love for us.

Keychange Charity Awards 2018



The first Keychange Charity Awards winners (or representatives from their communities where not present) lined up after receiving their trophies, certificates and cards

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The award winners were kept highly confidential. Trophies were ordered, certificates signed and plans made for the Keychange Awards dinner at our annual Keychange Charity Conference with Trustees and Community Leadership Teams.

Excitement built as people got changed and ready for the Keychange Charity Awards dinner.

The room was prepared, tables laid and the meal enjoyed before the envelopes containing the all-important information were passed to various Trustees, colleagues and guests.

And the winners of the 2018 awards were announced as:

Only the Best Will Do

Denise Waller, Rosemary Mount and Romans

All Are Equal

Staff Team, Esther Community

Waste Not, Want Not

Cyril Ahusan, Alexander House

Playing Our Part in Society

Rebecca Chaplin, Quality Assurance Team

Working Together

Ruth Earl, Central Office

Justice For All

Jenny Harber, Wayside

People First

Brian James, Central Office

Outstanding Staff Achievement (Individual)

Pam Thomas, The Mount

Prayer Focus

In the Face of Christmas

In the face of the Gospel

Let us ask God for a good Christmas;

That no powerful nation should tax the poor or uproot them,

That no unmarried mother should be put away in disgrace,

That no door will be shut on those that need to find it open,

That shepherds and sheep and all of nature need not be afraid,

That barbed wire and angry soldiers may not be found in Bethlehem,

That wise men and women will be found in Britain, in Russia, in America, in Jerusalem and in the Church,

That children may be preserved from those who would abuse them,

That this Christmas worship may become a manger

And the Church a stable,

And the rumour become a reality
That Christ has come among us.

And we pray this in the name of Jesus.

AMEN

Outstanding Staff Achievement (Team)

Joint Winners:

Staff Team, Rosemary Mount
Staff Team, Cressingham House

Outstanding Supporter and Volunteer

John Last, Rosemary Mount

The People's Choice

Christina Williams, Rose Lawn

The winning reason for nomination was read out and together we celebrated the winner. Our plan across the Keychange Community is to acknowledge and celebrate every winner in their own Keychange Community together with the many people nominated for an award.

Thank you to all involved and congratulations to our first ever list of Keychange Charity Award Winners.

Keychange Noticeboard



◀ The summer house and beautiful gardens at **Alexander House** can be enjoyed at any time of the year

At **Cressingham House** a knitted blanket complete with crocheted flowers and a pom-pom trim has been created as a community project, including involving residents who have stayed for respite care



▲ The flags were flying for the Summer Fete at **Romans** where the garden was the venue for some of the stalls and games

Celebrating a birthday at **The Mount**



▲ Animal HQ visited **Walmer House** and brought in dogs, rabbits and guinea pigs for residents to enjoy looking at or stroking



▲ **Rosemary Mount** received special summer visitors – the man in the picture had worked as a volunteer there as a young Dutch student 28 years ago, and was now returning with his family for a happy reunion



▲ Residents at **Erith House** have been enjoying a new bowling game, both in the lounge and in their own rooms



▲ Sharandys Birds of Prey visited **Rose Lawn**, including the Great Horned Owl seen here



▶ Sunflowers were planted close to the building at **Sceats** so that they could be enjoyed by everyone – the tallest one reached a height of 13 feet!



◀ A Mad Hatters Tea Party was held at **Fair Havens**

Happy Birthday to Keychange!

Phil Martin
CEO, Keychange Charity

In 1920 the Christian Alliance of Women and Girls was established, this then became Christian Alliance and is now known as Keychange.

Ever since its formation the charity has always followed its mission of providing care and support for all those in most need by fulfilling its Christian values and behaviours.

As we approach the 100th Anniversary of the formation of Keychange we are planning a series of exciting events and activities.

MEMORIES

One thing we are very keen to do is to be in contact with as many people as possible who have worked or volunteered for Keychange or Christian Alliance or Christian Alliance of Women and Girls, or anyone who may have stayed in one of the homes and facilities we have provided or attended any of the clubs and activities



that we ran. We are very keen to collect memories, stories, photographs or publications which help to celebrate the wonderful mission and achievements of Keychange over the last 100 years.

Please contact our Central Office by calling 020 7633 0533 or alternatively you can get in touch via email at info@keychange.org.uk with any ideas you may have.

Can you help?

SUPPORT US AT
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We are very grateful for your generous donations which help to keep our work going. Please use this slip to contact us or alternatively, visit our website at www.keychange.org.uk or drop us an email at info@keychange.org.uk

I would like to donate £ (cheque enclosed)

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If you pay income tax or capital gains tax, we are able to reclaim the tax on any money that you give us, thereby increasing the value of your donation, at no extra cost to yourself. To enable us to do this, please sign the Declaration below:

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I confirm that I am a UK taxpayer paying Income Tax and/or Capital Gains Tax to an amount equal to or in excess of the amount of tax to be reclaimed. I understand that Gift Aid will be claimed at 25p in the pound.

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Signed..... Date:

Please tick this box if you no longer wish to receive the Contact Newsletter

Registered Charity No: 1061344 Company No: 3317563 (England) Ref: KC09

Keychange Communities

Care Homes

- Erith House, Torquay
- Sceats, Gloucester
- The Mount, Plymouth
- Rose Lawn, Sidmouth
- Fair Havens, Southampton
- Walmer House, Torquay
- Cressingham House, Wallasey
- Alexander House, Wimbledon
- Rosemary Mount, Worthing
- Romans, Southwick

Homelessness Communities

- Esther Community, Exeter
- Wayside, Reigate

Retirement Housing

- Jubilee Cottage, Lytham St Annes

keychange.org.uk
keychangepcare.org.uk
esthercommunity.org.uk
waysidehostel.org.uk

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