# Keychange COINTACT

ISSUE 11 WINTER 2019

# Mr. Sceats visits Sceats!

### Mike James, Manager Claire Dyson, Administrator

On 23 August we celebrated past and future connections within our community at Sceats after we received a surprise – and welcome – visit from Mr. Roger Sceats.

Roger Sceats is the son of Mr. Caleb Sceats, the man who donated number 3 Kenilworth Avenue to be used as a care home in memory of his wife. What we didn't expect, was that Roger would recognise one of our residents – a lady who has been living with us for a few months now – as someone he used to know when they were both children.

Roger looked around the home and

commented on how the building has changed. Room 24 used to be a billiard room, and the dining room used to be a bowling green that was mown twice a day! He also said he could hardly recognise the place now for what it was over 50 years ago, but that "it felt nice to know that the home was serving such a valuable and meaningful purpose." It was encouraging and meaningful to realise that our journey at Sceats still has the same purpose as it did some 50 years ago.

Some time was spent introducing Roger and his wife to the residents and staff, and promises were made to visit our community again soon.

Sceats in Gloucester has been part of the Keychange group since 2008. ■



Roger Sceats (right) with Mike James, Manager of Sceats Care Home

# **Keychange Charity Awards 2019**

## **Ruth Earl, Administrator**

Our Keychange Charity Awards are now in their second year. We built on our experience from last year of inviting nominations and drawing together a panel chaired by Trustee Joan Henshaw and comprising several staff from Central Office as well as from one of our communities, Alexander House.

The panel had a total of 238 nominations to discuss, more than double the number from last year! New for 2019 was a twelfth category: a Partner / Supplier helping us to create a caring community.



The winners (or representatives from their communities where not present) lined up after receiving their trophies, certificates and cards

Like last year, the Keychange Charity Awards were presented at an Awards Dinner at our annual Keychange Charity Conference with Trustees and Community Leadership Teams.

### The winners were announced as:

People First – Sarah Mainwaring, Romans
Only the Best will Do – Natasha Langford, Erith House
All Are Equal – The Kitchen Team: Joyce Hughes, Kerry Dix,
Keith Weston, Sceats

Waste Not, Want Not – Peter Clark, Central Office Playing Our Part In Society – Fiona Lynn, Wayside Working Together – Georgie Patch, Rose Lawn Justice For All – Donna Hole, Esther Community Outstanding Staff Achievement (Individual) –

Sylwia Rachwal, Alexander House

Outstanding Staff Achievement (Team) –

Rose Lawn Staff Team

Outstanding Supporter and Volunteer –

Partner / Supplier - Ladder To The Moon

Debbie Edmeades, Alexander House **The People's Choice** – Jordan Nicholas, Alexander House

Thank you to all involved and congratulations to our list of Keychange Charity Award Winners, together with the many others who were nominated for an award.

### A MESSAGE FROM THE CEO

# **Hope in Times** of Change

Phil Martin CEO, Keychange Charity

It seems to me that 2019 has been a year of significant change and uncertainty – changes and uncertainty at Westminster and Brussels; changes and uncertainty regarding our future relationships across Europe.

The global political and economic uncertainties and continuing conflicts in some geographical locations continue to be challenging and unpredictable.

In such difficult times it is important to hold onto our faith and hope in God. That is what Mary and Joseph did in the Bible Christmas story. The story of Jesus' birth, which we celebrate at Christmas, is set in a similar time of difficulty and uncertainty.

Jesus' parents, Mary and Joseph, lived in an area called Galilee, which was under Roman occupation and they were required to live their lives differently because of the presence of Roman soldiers. Furthermore they were required to relocate for a period of time just as Mary's baby was due to arrive. Their need to relocate was because the local Governor had called for a census to take place so he knew how many people lived where and potentially how much he could tax them! In addition, once Jesus was born, Mary and Joseph had to flee to another country in fear of their new born son being killed by soldiers.

The Bible story of Jesus' birth shows us what a complex and uncertain world he was born into 2000 years ago.

As we approach Christmas and look forward to the season of celebration, goodwill and hope for peace, we should always remember that however difficult and uncertain things get or however we feel, God made promises to us in the Bible that we can hold onto.



# ABOVE: Christmas card design from our community at Erith House, Torquay

With so many circumstances changing we can remember that "Jesus Christ is the same yesterday and today and forever." Hebrews ch.13 and "Cast all your anxiety on him because he cares for you." 1 Peter ch.5

This Christmas I pray that you find a period of rest and stability and that you know God's continuing and unfailing love and hope. ■

# **A letter from Esther Housing Community**

Hi, I'm Caitlin from Bedsit B in Esther,

When I first moved to Esther I was in a really bad place. I had an awful relationship with my mum and I was drinking and taking drugs every night. When I first got to know the staff at Esther, I realised that they genuinely wanted to help me get back on track because I'd got kicked off my college course. Within three weeks I was on an independent living skills course. There's no way I could have done it without Donna – she really gave me a chance and not a lot of people would have given me a chance with the past I have. They helped me with my alcohol and drug abuse ... and I'm off everything! When I fell out with my mum, they encouraged me to sort it out with her and now me and my mum are best friends.

The staff at Esther have really changed my life: I've now moved into the bedsits, I've got an amazing group of friends and have passed my Maths and English at college and can now start my Level 2 Health & Social Care Course at Exeter College.

Thank you!

Caitlin

PS: Caitlin wrote this letter a few months ago – since then she has moved back into the main house at Esther Community.

# **Prayer Focus**

As you read this edition of Contact, we would be grateful for your prayers.

As we approach the Christmas season, we pray for each person living in our housing communities and each person living in our care homes, that they would each experience something of the true meaning of Christmas.

We pray more generally for all those in our care, that they would know God's continuing and unfailing love and hope in these uncertain times.

In the New Year we are planning the process of selecting a new Chair of the Trustees. Please pray for a successful outcome and smooth handover period with the current Chair.

# **Keychange Noticeboard**



 The weather was beautiful for the annual Garden Party at
 Alexander House

> Visit from The Mounted Police – residents met the horses and policewomen in the car park at **Sceats** >



This is the interactive table at **Rose Lawn** – used for playing games, researching topics, watching movies, listening to music, drawing and painting and more...





Cressingham House took part in National Care Home Open Day in June and held a barbecue in the garden









At **Walmer House** residents enjoyed a visit from pet animals



People living and working at Fair Havens enjoying refreshments in the café of a local garden centre

# Forthcoming events and outstanding news!

### **Faith in Later Life**

www.faithinlaterlife.org

Keychange is a founding partner of Faith in Later Life (FiLL). The aims and purpose of FiLL is 'Inspiring and equipping Christians and churches to reach, serve and empower older people in every community'. Faith in Later Life is holding its first conference in partnership with Keswick Ministries. The conference is entitled 'Faith in the Second Half' and runs from Monday 4 May – Thursday 7 May 2020 and takes place in Keswick, Cumbria.

For booking please call 01768 780075 or visit www.keswickministries.org/event/fish



# Keychange and Christian Alliance 100 Years Celebration and Thanksgiving Service

Save the Date – Tuesday 17 November 2020 at All Souls Langham Place, London. More details will follow throughout 2020 – please call 0207 633 0533 or email info@keychange.org.uk to express your interest in attending this celebration and thanksgiving service.

# Rose Lawn is Outstanding Again!

Following a recent CQC Inspection at our Keychange Care Community in Sidmouth, Rose Lawn, we are delighted to confirm that it has been rated as Outstanding once again. This is a huge achievement by all the community leaders and staff.

Georgina Patch, Manager says: "We are extremely proud to have retained and improved our rating and wish to thank those who support the home, both in a professional and personal capacity.



"The Deputy Manager and I would like to personally thank our wonderful, dedicated and loving staff who make our home outstanding."

This is a wonderful example of what it means to Create Caring Communities.

# Can you help?



We are very grateful for your generous donations which help to keep our work going. Please use this slip to contact us or alternatively, visit our website at www.keychange.org.uk or drop us an email at info@keychange.org.uk

I would like to donate £	(cheque enclosed)
Name	
Address	
	Postcode
Email:	

If you pay income tax or capital gains tax, we are able to reclaim the tax on any money that you give us, thereby increasing the value of your donation, at no extra cost to yourself. To enable us to do this, please sign the Declaration below:

## **Gift Aid Declaration**

I confirm that I am a UK taxpayer paying Income Tax and/or Capital Gains Tax to an amount equal to or in excess of the amount of tax to be reclaimed. I understand that Gift Aid will be claimed at 25p in the pound.



Signed	 Date	e:	

Please tick this box if you no longer wish to receive the Contact Newsletter



Registered Charity No: 1061344 Company No: 3317563 (England)

Ref: KC11

# **Keychange Communities**



# **Care Homes**

Erith House, Torquay
Sceats, Gloucester
Rose Lawn, Sidmouth
Fair Havens, Southampton
Walmer House, Torquay
Cressingham House, Wallasey
Alexander House, Wimbledon
Rosemary Mount, Worthing
Romans, Southwick

# **Housing Communities**

Esther Community, Exeter Wayside, Reigate

keychange.org.uk keychangecare.org.uk esthercommunity.org.uk waysidehostel.org.uk

If you would like to receive Keychange Newsletters via email please let us know at: info@keychange.org.uk